

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
LUNCH	Chili w/ Beef and Beans Chili w/ Beans	Mexican Rice Bar Chx Tinga/Beans and toppings	Creamy Spinach and Tomato Pasta w/ or w/o Chicken	Grilled Ham and Cheese Grilled Cheese w/ Tomato	Mac 'n Cheese Vegetarian
	seasonal vegetable	seasonal vegetable	seasonal vegetable	seasonal vegetable	seasonal vegetable
	Salad	Salad	Salad	Salad	Salad
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water
	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available
	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>
SPECIAL INFO					
	8	9	10	11	12
LUNCH	Chicken and Broccoli in Garlic Sauce Tofu and Broccoli in Garlic Sauce	Smothered Beef Burritos Smothered Bean Burritos	Cheesy Broccoli Chicken Bake Cheesy Broccoli Bake	Cubanos	Pizza Pepp, Cheese, White, Veggie
	seasonal vegetable	seasonal vegetable	seasonal vegetable	seasonal vegetable	seasonal vegetable
	Salad	Salad	Salad	Salad	Salad
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water
	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available
	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>
SPECIAL INFO					
	15	16	17	18	19
LUNCH	Chana Masala Vegetarian	Nachos w/ Meat or Beans	Chicken Fried Rice Tofu Fried Rice	BBQ Chicken Sandwiches BBQ Tofu Sandwiches	JUNETEENTH NO SCHOOL!
	seasonal vegetable	seasonal vegetable	seasonal vegetable	seasonal vegetable	
	Salad	Salad	Salad	Salad	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	
	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	
	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	
SPECIAL INFO			REGENTS EXAM	REGENTS EXAM	
	22	23	24	25	26
LUNCH	Baked Ziti Vegetarian	Chicken Soft Tacos Bean Soft Tacos	Chicken Shawarma Falafel and Hummus Pita	Hamburger/Cheeseburger Veggie Burger	
	seasonal vegetable	seasonal vegetable	seasonal vegetable	seasonal vegetable	
	Salad	Salad	Salad	Salad	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	
	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	Gfree/Vegan Options Available	
	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	<i>Bagels/PB&J sandwiches also available</i>	
SPECIAL INFO	REGENTS EXAM	REGENTS EXAM	REGENTS EXAM	REGENTS EXAM	
	29	30			
SPECIAL INFO					