SEPT '25

Р	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
LUNCH			New Student	Turkey Subs	Mac 'n Cheese
	LABOR DAY		Orientation	Cheese Subs	
	RECESS			Seasonal Vegetable	Seasonal Vegetable
	NO SCHOOL!			Salad	Salad
				Fresh Fruit	Fresh Fruit
				Milk/Juice/Water	Milk/Juice/Water
				Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available
				Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available
SPECIAL INFO				· ·	•
	8	9	10	11	12
LUNCH	Lasagna	Black Beans & Rice	Chicken Alfredo	BBQ Chicken Sandwiches	Pizza
		w/ Tortillas, Fresh Salsa, Sour Cream	(V) Pasta Alfredo	BBQ Tofu Sandwiches	Pepp, Cheese, White, Veggie
	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
	Salad	Salad	Salad	Salad	Salad
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water
	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available
	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available
SPECIAL INFO	Dayels/F D&U Sanuwiches also available	Dageis/F Disa salidwiches also available	Dayelsir Doo Salidwiches also available	Dayels r Doo sallowiches also available	Dayers F Dod sandwiches also available
SPECIAL INFO	15	16	17	18	19
LUNCH	13	16	i/	10	19
LUNCH	Chana Masala	Enchilada Lasagan w/ Beef	Chicken Fried Rice	Cubanos	Spaghetti
	w/ Rice and Raita	Enchilada Lasagan w/ Beans	Tofu Fried Rice	Vegetarian Cubanos	w/ Meat or Tomato Sauce
				•	
	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
	Salad	Salad	Salad	Salad	Salad
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water
	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available
	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available
SPECIAL INFO					
	22	23	24	25	26
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LUNCH	Baked Ziti	Chicken Tinga Tostadas	Cheesy Broccoli Chicken Bake	Chicken Souvlaki	Mac 'n Cheese
		Refried Bean Tostadas	Cheesy Broccoli Bake	Falafel and Hummus Pita	
	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable	Veggies
	Salad	Salad	Salad	Chips	Chips
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water	Milk/Juice/Water
	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available		
	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available		
SPECIAL INFO					
	29	30			
LUNCH	Creamy Spinach and Tomato Pasta	Chicken Soft Tacos			
	w/ or w/o Chicken	w/ Tortillas, Fresh Salsa, Sour Cream			
	Seasonal Vegetable	Seasonal Vegetable			
	Salad	Salad			
	Fresh Fruit	Fresh Fruit			
	Milk/Juice/Water	Milk/Juice/Water			
	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available			
	Bagels/PB&J sandwiches also available	Bagels/PB&J sandwiches also available			
SPECIAL INFO					