

# FARM TO SCHOOL LUNCH PROGRAM

Ithaca's original farm-to-school cafe! We're part of an innovative initiative across the country connecting school lunch programs & hands-on learning with local farms. Understanding the impact of healthy nutrition on a student's ability to think creatively and contribute powerfully at school is an important part of the New Roots experience. Our Farm to School meal team strives to serve various local whole foods daily. We do not use processed, packaged, or pre-made foods, and are committed to keeping sugar, additives, and preservatives out of our food. Our lunches are healthy, unprocessed, whole foods sourced from local and regional partners, emphasizing plant foods.



**We are very proud of our FREE Farm to School breakfast and lunch featuring healthy “teen comfort food” for ALL enrolled students!**

**Access to food for all is an example of a sustainable future where all members of the community experience wellness and food security.**