

JANUARY 2019

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------|---|---|---|--|---|
| LUNCH | | 1 WINTER BREAK NO SCHOOL | 2 Mac and Cheese Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 3 Meat or Veggie Chili Rice Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 4 Pizza Pepperoni, Cheese, White, and Veggie Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water |
| SPECIAL INFO | | | | | |
| LUNCH | 7 Chicken Primavera Pasta Veggie Primavera Pasta Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water/Juice | 8 Chicken and Cheese Burrito Bean and Cheese Burrito Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 9 Chicken Pad Thai Tofu Pad Thai Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 10 Cold Italian Subs Provolone Cheese Subs Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 11 Spaghetti with Meat or Tomato Sauce Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water |
| SPECIAL INFO | | | Expedition | | |
| LUNCH | 14 Chicken Parmesan Pasta Veggie Parmesan Pasta Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 15 Chicken or Bean Soft Tacos Salsa, Sour Cream Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 16 Chicken Fried Rice Veggie Fried Rice Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 17 Hamburgers Veggie Burgers Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 18 Pizza Pepperoni, Cheese, White, and Veggie Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water |
| SPECIAL INFO | | | | | END QUARTER 2 |
| LUNCH | 21 MARTIN LUTHER KING DAY NO SCHOOL | 22 Beef or Bean Crunchy Tacos Salsa, Sour Cream Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | For Audrey's Birthday!!! 23 Chicken and Biscuits Veggies and Biscuits Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 24 Turkey and Provolone Wraps Provolone Wraps Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 25 Spaghetti with Meat or Tomato Sauce Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water |
| SPECIAL INFO | STAFF HOLIDAY | MIDTERMS & REGENTS EXAMS | MIDTERMS & REGENTS EXAMS | MIDTERMS & REGENTS EXAMS | MIDTERMS & REGENTS EXAMS |
| LUNCH | 28 Chicken Lo Mein Veggie Lo Mein Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 29 Black Beans and Rice Fresh salsa and Tortillas Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 30 Cheesy Broccoli Chicken Bake Cheesy Broccoli Bake Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | 31 Chicken Souvlaki Hummus Pita Seasonal Vegetable Soup of the day Salad Bar Fresh Fruit Milk/Chocolate Milk/Water | |
| SPECIAL INFO | BEGIN QUARTER 3 | | | | |