## OCTOBER 2020

	Monday	Tuesday	Wednesday	Thursday	Friday 2
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LUNCH				Cubanos Vaggio Cubanos	Spaghetti
				Veggie Cubanos Seasonal Vegetable	with Meat or Tomato Sauce Seasonal Vegetable
				Salad Fresh Fruit	Salad Fresh Fruit
				Milk/Juice/Water Gfree/Vegan Optionns Available	Milk/Juice/Water Gfree/Vegan Optionns Available
				Giree/ vegan Optionins Available	Griee/ vegan Optionins Available
SPECIAL INFO	5	6	7	8	9
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LUNCH	Chicken Soft Tacos Bean Soft Tacos	Chicken Soft Tacos Bean Soft Tacos	Sausage Peppers&Onions Veggie Dogs Peppers&Onions	Sausage Peppers&Onions Veggie Dogs Peppers&Onions	Caregiver/Teacher
Lonch	Salsa, Sour Cream	Salsa, Sour Cream	Seasonal Vegetable	Seasonal Vegetable	Student
	Seasonal Vegetable Salad	Seasonal Vegetable Salad	Salad Fresh Fruit	Salad Fresh Fruit	Conference Day
	Fresh Fruit	Fresh Fruit	Milk/Juice/Water	Milk/Juice/Water	No School For Students
	Milk/Juice/Water Gfree/Vegan Optionns Available	Milk/Juice/Water Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	
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SPECIAL INFO	12	13	14	15	16
	FIRST PEOPLES DAY	Chicken Enchiladas	Lasagna	Lasagna	Pizza
LUNCH		Bean Enchiladas	Seasonal Vegetable	Seasonal Vegetable	Pepperoni, Cheese, White, and Veggie
	NO SCHOOL	Seasonal Vegetable Salad	Salad Fresh Fruit	Salad Fresh Fruit	Seasonal Vegetable Salad
		Fresh Fruit Milk/Juice/Water	Milk/Juice/Water Gfree/Vegan Optionns Available	Milk/Juice/Water Gfree/Vegan Optionns Available	Fresh Fruit Milk/Juice/Water
		Gfree/Vegan Optionns Available			Gfree/Vegan Optionns Available
SPECIAL INFO	STAFF HOLIDAY 19	20	21	22	23
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LUNCH	Chicken & Cheese Quesadillas Bean & Cheese Quesadillas	Chicken & Cheese Quesadillas Bean & Cheese Quesadillas	Cheesy Broccoli Chicken Bake Cheesy Broccoli Bake	Cheesy Broccoli Chicken Bake Cheesy Broccoli Bake	Spaghetti with Meat or Tomato Sauce
2011011	Salsa, Sour Cream	Salsa, Sour Cream	Seasonal Vegetable	Seasonal Vegetable	Seasonal Vegetable
	Seasonal Vegetable Salad	Seasonal Vegetable Salad	Salad Fresh Fruit	Salad Fresh Fruit	Salad Fresh Fruit
	Fresh Fruit Milk/Juice/Water	Fresh Fruit Milk/Juice/Water	Milk/Juice/Water Gfree/Vegan Optionns Available	Milk/Juice/Water Gfree/Vegan Optionns Available	Milk/Juice/Water Gfree/Vegan Optionns Available
	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available			
SPECIAL INFO					
	26	27	28	29	30
	Black Beans and Rice	Black Beans and Rice	Turkey/Provolone Subs	Turkey/Provolone Subs	Pizza
LUNCH	Fresh salsa and Tortillas Seasonal Vegetable	Fresh salsa and Tortillas Seasonal Vegetable	Provolone Subs Seasonal Vegetable	Provolone Subs Seasonal Vegetable	Pepperoni, Cheese, White, Veggie Seasonal Vegetable
	Salad	Salad	Salad	Salad	Salad
	Fresh Fruit Milk/Juice/Water	Fresh Fruit Milk/Juice/Water	Fresh Fruit Milk/Juice/Water	Fresh Fruit Milk/Juice/Water	Fresh Fruit Milk/Juice/Water
	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available	Gfree/Vegan Optionns Available
SPECIAL INFO					